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ENERGY SAVINGS TIPS





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In support of our goal to become a “green” community (Environmentally friendly), please find this handy reference sheet with energy saving tips for the home and while out and about. The suggestions will help you become an active part of our green community, while we benefit by reducing energy usage, carbon emissions, and saving money.

Conservation in the home:

-  Don't leave the water running while brushing your teeth.
-  Compact Fluorescent Light Bulbs: Uses 75% less electricity than incandescent light bulbs and last 10 times longer.
-  Get a programmable thermostat. One of the easiest ways to save money, save energy and help fight global warming.
-  Unplug your devices and appliances when not in use. Using power strips is an easy way to turn off many appliances as once.
-  Do It Online: Paying bills online saves you time, money, and millions of trees from being clear-cut for paper.
-  Use recycled paper goods to prevent forests from being cleared. Learn which brands to buy at: <http://www.nrdc.org/greenliving>
-  Get rid of unwanted catalogs once & for all! **www.catalogchoice.org** will do it for free and help save enormous quantities of wasted paper.

Conservation Out & About:

-  If you haven't yet gotten reusable totes for grocery shopping, they're worth a try. You can purchase a reusable bag at Waldbaums in the Great Neck Shopping Center and get 2 cents for every bag you use at every purchase.
-  Must you drive to the train? Consider walking even just once a week; it's far healthier for you and the environment.
-  If you are a one-coffee-cup-a-day person, you create an estimated 23 lbs of paper cup waste per year. Try keeping a reusable travel mug in the car for spontaneous latte stops.
-  Drink filtered water instead of bottled water. Use a filtration system that attaches to your faucet to avoid purchasing and using plastic bottles that just causes a glut in the landfills because they take forever to biodegrade. Instead purchase a stainless steel bottle with the “Great Neck Goes Green” logo available for purchase at the school store.