

# School Mental Health School Avoidance Workshop: A workshop for parent education with an opportunity for parents to support each other.



Cohen Children's Medical Center's School Mental Health Program is proud to provide five 6-week educational lunch and learn workshop series throughout the 23/24 school year, for parents to learn about school avoidance with a focus on skills and strategies to support children.

This workshop will educate on:

- What is school avoidance?
- Who does school avoidance impact and why?
- Strategies to decrease school avoidance
- Where you can find additional resources

The workshops are a 6-week program, on Tuesdays at 12:00-12:45pm.

**Session 1:** 9/12, 9/19, 9/26, 10/3, 10/17, 10/24

[Registration Link](#)

**Session 2:** 10/31, 11/7, 11/14, 11/21, 11/28, 12/5

[Registration Link](#)

**Session 3:** 1/9, 1/16, 1/23, 1/30, 2/6, 2/13

[Registration Link](#)

**Session 4:** 2/27, 3/5, 3/12, 3/19, 3/26, 4/2

[Registration Link](#)

**Session 5:** 4/9, 4/16, 4/30, 5/7, 5/14, 5/21

[Registration Link](#)

---

#### Is registration required to join the webinars?

Yes. Registration is required to attend the workshop.

#### Where is the link to join the webinars?

The link to join the webinar will be sent to you by Zoom after you register.

#### What if I have additional questions?

Please email us at [SchoolAvoidance@northwell.edu](mailto:SchoolAvoidance@northwell.edu).



**Cohen Children's**  
Northwell Health®