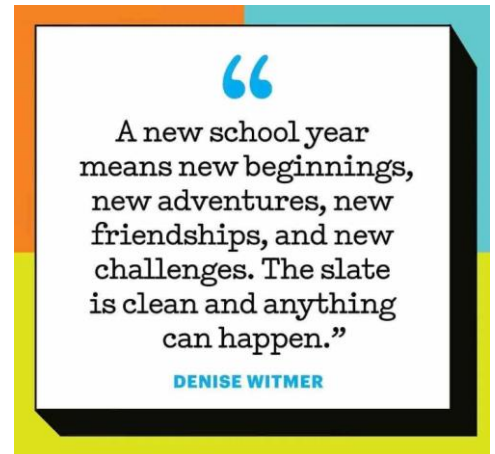
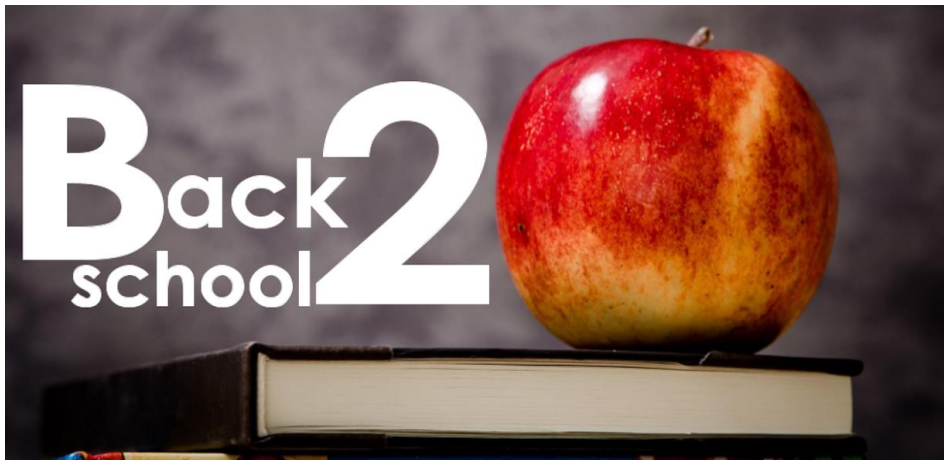


# School Mental Health Newsletter: Back to School Edition



“

A new school year means new beginnings, new adventures, new friendships, and new challenges. The slate is clean and anything can happen.”

DENISE WITMER

Source: [www.quote.cc](http://www.quote.cc)

## 18 Quotes to get Kids Excited for Class!

[Click here to visit Parents.com](#)

## Back to School Resources and Information

[Click here to visit PBS.org](#)



## Quick Reads:



### Northwell Newsroom Preparing Children for Back to School Transition

[Click here](#) to read

### Cleveland Clinic 5 Tips to Help Your Child with Back-to-School Anxiety

[Click here](#) to read

### NPR Keep an Eye on Your Student's Mental Health this Back-to-School Season

[Click here](#) to read

## Important Phone Numbers to Know:

- South Oaks Hospital Admissions –631-608-5885
- Cohen Children's Medical Center Pediatric Behavioral Health Urgent Care – 718-470-3148
- Cohen Children's Pediatric ED – 718-470-3768
- RVC Behavioral Health Center –516-927-1630
- Mineola Behavioral Health Center -516-321-5770
- Commack Behavioral Health Center- 631-775-3280
- Long Island Crisis Center – 516-679-1111
- Center for Hope - 516-216-5194
- National Suicide Prevention Lifeline- call or text 988



# School Mental Health Newsletter: BACK TO SCHOOL EDITION



## REMINDER

### Visit our Youtube Library!



Community and Population Health - Behavioral Health

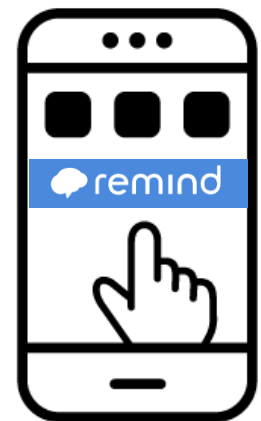


Northwell Health

SUBSCRIBE

The School Mental Health Team offers **a wide range of recorded webinars on important mental health topics** to support parents and caregivers! You can find them on our Youtube channel by [clicking here](#)

### Keep in touch!



Download the REMIND APP and follow: @NWH4School

We Are Here To Help

Northwell Health cares about the health & wellbeing of your child! We thank you in advance for the allowing us the opportunity to help them!



Visit your school district website to learn about our School Mental Health Partnership, and to keep informed of upcoming events & learning opportunities!



Newsletters are released monthly! Please be sure to read our next version in October!

# School Mental Health Newsletter: BACK TO SCHOOL EDITION



## Upcoming Community Education Event

Back to School:  
Transition Tips for a  
Successful School Year



Please join us on Wednesday, September 14, 2022 at 7 PM to hear a medical expert provide tips for supporting a healthy transition, foundations for a successful school year, strategies for areas of concern and an overview of available resources

**Topic:**

Transition Tips for a Successful School Year

**Speaker:**

Vera Feuer, MD  
Nicole Casquarelli, LMHC  
Anne Van der Veer

**Date:**

Wednesday, September 14, 2022

**Times:**

7 PM – 8 PM

[Click here](#) to register for this program or scan the QR Code below with the camera app on your phone.

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Questions? Please email:

[CCMCCommunityOutreach@northwell.edu](mailto:CCMCCommunityOutreach@northwell.edu)

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**FAQs:**

**Is registration required for this program?**  
Yes. Registration is required for this webinar.

**When will I receive the webinar information for this program?** The webinar information will be sent to you after you register. Please do not share this information with others.



# School Mental Health Newsletter: BACK TO SCHOOL EDITION



## Meet our **TEAM**

### FUN FACT!

The Northwell School Mental Health Program currently supports **38 School Districts** with over **175,000 students** in Nassau and Suffolk Counties!



Vera Feuer, MD



Gina Marie Bounds, MPA



Brian Pritchard, LCSW



Sharon Skariah, MD



Bradley Lewis, MBA-HCL



Erica G. Lo Re, DO



Ilana Dicker, DO



Dr. Jessica Richter, DO



Julie Cyriac, MD



Zoya Popivker, DO



Pouria Farhoomandi, MD



Kim Mulhern, LMHC



Desiree Delacruz, LMHC



Brittney Chatel, LMHC