

Grade 2

Scope/Sequence	Standards Addressed	Key Ideas, Terms, and Concepts:
<p><u>Lesson 1:</u> Preventing colds and fighting germs</p>	1, 2, 3	<ul style="list-style-type: none">● Identify different ways that disease-causing germs are transmitted.● Identify ways to prevent the spread of germs that cause common infectious diseases.● Demonstrate the steps for proper handwashing.
<p><u>Lesson 2:</u> Identifying feelings</p>	1, 2, 3	<ul style="list-style-type: none">● Identify examples of troublesome feelings.● Explain the relationship between feelings and behavior.● Identify appropriate ways to express and deal with feelings.● Demonstrate self-control strategies for dealing with troublesome feelings.
<p><u>Lesson 3:</u> What does a good friend look like?</p>	1, 2, 3	<ul style="list-style-type: none">● Identify the benefits of healthy peer relationships.● Demonstrate how to encourage peers to make healthy choices.
<p><u>Lesson 4:</u> Taking a stand against bullying</p>	1, 2, 3	<ul style="list-style-type: none">● Describe the difference between bullying and teasing.● Explain why it's wrong to tease or bully others.● Explain what to do if someone is being bullied.● Demonstrate how to ask for help if they or someone else were being bullied.

<p style="text-align: center;"><u>Lesson 5:</u> Fire and home safety</p>	<p style="text-align: center;">1, 2, 3</p>	<ul style="list-style-type: none"> ● Identify safety rules for being around fire. ● Demonstrate how to crawl low to avoid smoke from a fire. ● Demonstrate how to stop, drop and roll to put out flames. ● Optional: Demonstrate proper fire drill procedures.
<p style="text-align: center;"><u>Lesson 6:</u> Using medicine safely</p>	<p style="text-align: center;">1, 2, 3</p>	<ul style="list-style-type: none"> ● Explain the harmful effects of medicines when used incorrectly. ● Describe the potential risks associated with use of over-the-counter medicines. ● Understand the importance of taking medicine with a trusted adult.
<p style="text-align: center;"><u>Lesson 7:</u> Setting a goal to exercise</p>	<p style="text-align: center;">1, 2, 3</p>	<ul style="list-style-type: none"> ● Describe how being physically active can help a person feel better. ● Describe the benefits of being physically active. ● Take steps to achieve a personal goal to be active for 60 minutes a day. ● Identify people who can help achieve a personal goal to improve physical activity.
<p style="text-align: center;"><u>Lesson 8:</u> Drinking water to be healthy</p>	<p style="text-align: center;">1, 2, 3</p>	<ul style="list-style-type: none"> ● Explain the importance of choosing healthy beverages. ● Identify the benefits of drinking plenty of water. ● Describe the types of beverages that should be limited. ● Make requests to others about preferences for drinking water. ● Encourage peers to make healthy beverage choices.