

September, 2023

Dear Families,

Welcome to the 2023-2024 school year! My name is Coach Smith and I am thrilled to be your child's Physical Education teacher. I have been teaching physical education for nine years and I am excited to begin my fourth year here at Parkville School!



Please know, I am committed to ensuring that your child's health and well-being is my top priority. Learning through play and social interaction is so important for the development of young learners. Physical education is the perfect environment to teach life skills such as sharing, turn taking, trying new challenges, and persevering through difficult tasks. Personal space and safety protocols will always be at the forefront of every decision made while students are participating in activities.

As we enter the fall and winter seasons, please have your child dress appropriately and wear sneakers. Students will go outside for recess daily, even on days they do not have physical education class. If the weather is not cooperating and you would like your child to wear boots, please send them in with an extra pair of sneakers to change into for physical education class.

Our first unit in physical education class will be navigating our surroundings while remaining in personal space. Students will learn to jump, hop, skip, gallop, and slide while jumping over, climbing under, and running around obstacles. As the year progresses, we look forward to introducing new and exciting learning opportunities.

It is my goal to create a safe and nurturing environment for your child and instill a love of health and fitness for a lifetime. Please do not hesitate to reach out to me with any questions or concerns. I look forward to a wonderful year with your children!

In partnership,

Steven Smith

Physical Education

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