

Parkville School Health Office
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Approved Snack List

Dear Parents,

The safety of our children is our first priority. There are children at Parkville who have severe life threatening allergies. Therefore, our goal is to provide a safe environment. We encourage fruits and vegetables for daily snacks. You may also choose a snack from the approved list found below or on our website. Your teacher will provide selections from the approved list for celebrations. Unsafe snacks will be sent home - **no exceptions**. No food is permitted on the bus. Please discuss the importance of food allergies with your child and discourage the sharing of food. Manufacturer's ingredients can change. **ALWAYS check the ingredient list on packaging before purchasing items. All food should be nut-free and made in a nut-free environment.**

1. Abby's Chocolate Chip Cookies
2. Annie's Cheddar Bunnies and Cheddar Squares
3. Annie's Bunny Grahams
4. Annie's Fruit Snacks
5. Apple Sauce
6. Bachman's Pretzels
7. Cheerios (General Mills Original Plain Cheerios Only)
8. Cheese Sticks
9. Cheez Its (Original Flavor)
10. Chips Ahoy Cookies (Plain)
11. Enjoy Life Products (All Enjoy Life Products)
12. Friendly grains crunchy rollers - organic rice snacks
13. Fruit (fresh fruit)
14. Good Health Natural Foods Veggie Chips and Stix
15. Herr's Extra Thin, mini pretzel rods
16. Kedem Kids Animal Cookies
17. Lay's classic potato chips (Plain)
18. Made Good Products (All Made Good Products)
19. Nabisco Graham Crackers
20. Nature's Bakery (All Nature's Bakery Products)
21. Nature's Promise Fruit Twists
22. Nature's Promise Vegetable Sticks
23. Oreo Cookies (Plain)
24. Partake Products (All Partake Products)
25. Paw Patrol Cinnamon Graham Snacks
26. Pepperidge Farms Original Goldfish (Plain)
27. Pirate Booty Brand Snacks

28. Pop Corners (Popped Corn Chips - Sea Salt Flavor Only)
29. Ritz Crackers (Plain)
30. Ruffles Potato Chips
31. School Safe Products (All School Safe Products)
32. Shoprite Graham Crackers
33. Stacy's Pita Chips (Naked and Cinnamon Sugar)
34. Teddy Grahams
35. Utz Plain Ripple or Wavy Potato Chips
36. Vegetables (Please Cut Carrots and Grapes Into Small Pieces - They are a choking hazard)
37. Wheat Thin Crackers
38. Yogurt (No Toppings)

Please cut carrots and grapes into small pieces. They are a choking hazard.

Don'ts:

- Due to the risk of cross contamination, baked goods that come from bakeries including Costco, BJ's and supermarket bakeries are NOT allowed, regardless of ingredient list
- Baked goods made in our own home are NOT permitted
- Dunkin Donut products are NOT permitted
- Any baked goods or snacks made in another country are NOT permitted
- Carvel cakes are NOT permitted
- Entenmanns baked goods are NOT permitted, regardless of ingredient list