

NAME:

**JOHN L. MILLER - GREAT NECK NORTH SENIOR HIGH SCHOOL
GUIDANCE DEPARTMENT**

➤ **Write an Autobiographical Character Sketch** – Write your own letter of recommendation, if you will. This is your opportunity to discuss *everything you feel* should be highlighted in your counselor's letter of recommendation. This exercise will also help you brainstorm ideas for your college essays. Use any format you like and not to worry, this is for your counselor's eyes only – it will not be sent anywhere! Please discuss each of the following items, though take the liberty of adding any other relevant information (**we encourage you to be prolific!**):

1. Do you have a motto or mantra that you live by, or that guides you? Select any quote (provide source!) that you identify with and discuss how it touches or reflects upon you.
2. Share an anecdote, story or situation that aptly reflects some aspect of who you are.
3. What energizes you, both academically as well as non-academically?
4. What qualities define you as a student? (Curiosity, self-discipline, creativity, tenacity, civility, open-mindedness, etc.) What kind of learner are you?
5. Discuss an academic endeavor that you took pride in or that was especially rewarding.
6. Identify the person you most admire and discuss why.
7. Please identify your favorite: book, movie, song & artist, quote, and discuss why.
8. What makes you unique from other college applicants?
9. Are there any issues that you closely identify with? How would you contribute to changing them?
10. What are the things in life that mean the most to you?
11. What is your most important activity or interest (in or outside school) and why?

12. Reflect upon and describe your high school experience. How have you grown and/or changed as you have progressed through high school? If you could go back in time, what would you change and how?
13. Do you feel your academic record is an accurate measure of your ability? Why or why not?
14. Are there any obstacles, hardships or other circumstances you have had to cope with that have impacted upon you during high school? Discuss how it affected you and what you learned from the experience.
15. What have been your most important contributions to GNNHS?
16. Has there been a person or event in your life that made a lasting impression or caused an important change in your view of the world? Please describe.
17. What is your favorite keepsake or memento? Describe its significance to you.
18. What is the best advice you've ever received?
19. What do you consider your greatest strengths?
20. What about yourself would you like to change the most?
21. What would someone who knows you well (friend, family member) say about you?
22. List one question we didn't ask and provide the answer.
23. Please reflect upon your experience during the Coronavirus Pandemic and what you have learned from it.