

Kindness Week at JFK

The John F. Kennedy Student Council is sponsoring Kindness Week that will begin on Monday, February 25, 2019. We challenge you to perform as many kind acts as possible.

Monday

Spirit Day - It all starts with the heart: Wear red or pink to kick-off Kindness Week!

Activity of the Day - Smile Day: Make sure you smile at someone today!

Tuesday

Spirit Day - Teamwork makes the dream work: Wear something sports related!

Activity of the Day - High-Five Day: Give someone a high-five!

Wednesday

Spirit Day - Words that hurt can't be taken back: Wear your shirts backwards or inside out!

Activity of the Day - Compliment Day: Find two people to compliment throughout your day at JFK!

Thursday

Spirit Day - JFK is crazy for kindness: Wear a crazy hat or crazy socks!

Activity of the Day - Thank You Day: Make sure to say thank you when someone helps today, and every day!

Friday

Spirit Day - Dream Kindness: Wear your pajamas! (Remember, wear appropriate shoes.)

Activity of the Day - Kindness Boomerang Day: Spread kindness by completing small, random acts of kindness today, and every day!