

Parkville School Health Office - Approved Snack List

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Dear Parents,

The safety of our children is our first priority. There are children at Parkville who have severe life threatening allergies. Therefore, our goal is to provide a safe environment. We encourage fruits and vegetables for daily snacks. You may also choose a snack from the approved list found below or on our website. Your teacher will provide selections from the approved list for celebrations. Unsafe snacks will be sent home - **no exceptions**. No food is permitted on the bus. Please discuss the importance of food allergies with your child and discourage the sharing of food. Manufacturer's ingredients can change. **ALWAYS check the ingredient list on packaging before purchasing items. All food should be nut-free and made in a nut-free environment.**

1. Abby's Chocolate Chip Cookies
2. Annie's Cheddar Bunnies and Cheddar Squares
3. Annie's Bunny Grahams
4. Annie's Fruit Snacks
5. Apple Sauce
6. Bachman's Pretzels
7. Cheerios (**General Mills Original Plain Cheerios Only**)
8. Cheese Sticks
9. Cheez Its (Original Flavor)
10. Chips Ahoy Cookies (**Plain**)
11. Enjoy Life Products (**All Enjoy Life Products**)
12. Friendly grains crunchy rollers - organic rice snacks
13. Fruit (**fresh fruit**)
14. Good Health Natural Foods Veggie Chips and Stix
15. Herr's Extra Thin, mini pretzel rods
16. Kedem Kids Animal Cookies
17. Lay's classic potato chips (**Plain**)
18. Made Good Products (**All Made Good Products**)
19. Nabisco Graham Crackers
20. Nature's Bakery (**All Nature's Bakery Products**)
21. Nature's Promise Fruit Twists
22. Nature's Promise Vegetable Sticks
23. Oreo Cookies (**Plain**)
24. Paw Patrol Cinnamon Graham Snacks
25. Pepperidge Farms Original Goldfish (**Plain**)
26. Pirate Booty Brand Snacks
27. Pop Corners (**Popped Corn Chips - Sea Salt Flavor Only**)
28. Ritz Crackers (**Plain**)
29. Ruffles Potato Chips
30. School Safe Products (**All School Safe Products**)
31. Shoprite Graham Crackers
32. Stacy's Pita Chips (**Naked and Cinnamon Sugar**)
33. Teddy Grahams
34. Utz Plain Ripple or Wavy Potato Chips
35. Vegetables (**Please Cut Carrots and Grapes Into Small Pieces - They are a choking hazard**)
36. Wheat Thin Crackers
37. Yogurt (**No Toppings**)

Don'ts:

- Due to the risk of cross contamination, baked goods that come from bakeries including Costco, BJ's and supermarket bakeries are NOT allowed, regardless of ingredient list
- Baked goods made in our own home are NOT permitted
- Dunkin Donut products are NOT permitted
- Any baked goods or snacks made in another country are NOT permitted
- Carvel cakes are NOT permitted
- Entenmanns baked goods are NOT permitted, regardless of ingredient list