

GREAT NECK NORTH MIDDLE SCHOOL

We hope you will join us at two upcoming Parent University events.

Jan 18: 9:15 am - 10:30

Parent Circle: Promoting Autonomy & Independence: NMS Library

January 19: 7 PM - ZOOM WEBINAR
Self-Harm:

Please join us for an evening webinar (<https://zoom.us/j/91547660507>) on January 19 where Dr. Fusco (school psychologist) and Mrs. Murad (school social worker) for an informative presentation on **Self-Harm**, which is when someone deliberately hurts themselves as a way of coping with painful or strong emotions. Parents will learn about risk factors, signs of self-harm, helpful tools, and how to communicate with their child about self-harm. Questions and Answers to follow.

Please click the link below to join the Self-Harm webinar:

<https://zoom.us/j/91547660507>

Be well,

Dr. Tracey Segal

School Counselor and Department Chairperson

Great Neck North Middle School

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