

2022 St. Hedwig's CYO Spring Track

It's that time of year, and we are really looking forward to the start of Spring CYO Track. For those of you who have run with our team before, we really hope you will be back this year. For those considering the program, we welcome you ! Here is some important information:

WHO: Open to all Kindergarten to 8th Grade Girls and Boys.

WHEN: The first practice will be on Monday, March 28th starting @ 6:30pm. The season will run through Monday, June 27th.

PRACTICES / FACILITY: At New Hyde Park Memorial High School on Monday through Friday from 6:30pm to 8:00pm.

MEETS: We will be running in two Regional CYO meets at Mitchel Field on Monday, May 16th and Monday, June 6th, and a Final on Tuesday, June 14th. I'll have more information on these meets as we get closer to the dates. We will also be participating in parish meets. More to come on this as the information becomes available. The events are relays, dashes, and some longer distance events. Everybody runs, wins medals, and has FUN !

Registration cost: \$50 for the first child, then \$40 for each child after that.

Uniform cost: \$25.

Make checks payable to: **Peter Williams**

If you are unsure about whether your child will want to run or not, come down to the first practice and try it first !

COACH (Call if you have questions):

Peter Williams Home - (516) 741- 4533, Cell - (516) 508-6637

Send registration forms to: 40 Second Street, Garden City Park, New York 11040

EMAIL: PGW4272@GMAIL.COM

Your child will learn about track, experience healthy competition, make some new and lasting friendships, hopefully develop a love of running and above all, have FUN !

NOTE: We are looking for volunteers, so please help if you can ! No experience needed.

Child's Name: _____ Tel #: _____

Address: _____

Email Address (MANDATORY): _____

School: _____ Grade: ____ Sex (M/F): ____ Birth date: _____

Parents' Name(s): _____ Parish: _____

The uniform sizes are:

SHIRT: YS (6/8) ____ YM (10/12) ____ YL (14/16) ____ Adult S ____ Adult M ____ Adult L ____

SHORT: YS (6/8) ____ YM (10/12) ____ YL (14/16) ____ Adult S ____ Adult M ____ Adult L ____